*Week 24 Preparing date: February 22nd ,2025*

 *Period 96 Teaching date: February 25th ,2025*

 **Unit 14: Staying healthy**

**Lesson 3 (4, 5, 6)**

**A. OBJECTIVES:**

By the end of the lesson, Ss will be able to:

**1. Knowledge:**

- read and show understanding of the text by choosing the correct answer options to complete the sentences

- write a paragraph of about 40 words about healthy habits

- make a healthy circle and present their healthy lifestyles to the class.

- ***Vocabulary:*** Review

- ***Skills***: speaking, listening, reading and writing.

**2. Competences:**

- Communication and collaboration: work in pairs and groups to complete the learning tasks.

- Self-control and independent learning: perform reading and writing tasks.

**3. Attitude/ Qualities:**

- Raise their knowledge of using healthy food and drink.

- Show their awareness of doing morning exercise regularly.

**B. TEACHING AIDS:**

- *Teacher:* Teacher’s guide Pages 234, 235, 236; website hoclieu.vn, posters, laptop, pictures, textbook, lesson plan, TV or projector.

- *Students:* Student’s book Page 29, notebooks, workbooks, school things.

**C. PROCEDURES:**

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| **Stages/****Time** | **Teacher’s activities** | **Students’ activities** |
| **1.Warm- up and review: (5’)****2.Practice: (8’)****3.Production: (18’)****4. Fun corner and wrap- up (4’)** | *Game:*  ***Discussion****\*****Aims:*** *to create a friendly and active atmosphere in the class to beginning the lesson.***\*Procedure:**- Divide the class into four groups.- Have ss from each group discuss what activities they do to stay healthy.- Give time for ss to do the task.- Have the presenter of each group come to the front to present what they have discussed.- Give comments and praise ss.- Say “Open your book page 29” and look at *“Unit 14, Lesson 3 (4,5,6)”.***Activity 1. Read and circle:*****\*Aims:*** *Ss will be able**to* *read and show understanding of the text by choosing the correct answer options to complete the sentences.***\*Procedure:****-**  Draw ss’ attention to the text and read it as a class. - Model sentence 1. First, have ss read the gapped sentence and find the information about the food Peter eats in the text. (*fish and vegetables*). Then, have ss find the information+ Ask ss to choose the correct option to complete Sentence 1. - Ask Ss circle with Sentences 2, 3, 4.- Tell Ss to swap books with a partner, then check answers as a class. - Get Ss to look at the board and check their answers again. + Have ss read the words / sentences in the reading text that help them find the information they need to circle - Invite some Ss to say four or five sentences about *Peter’s healthy lifestyle**Ex:*  *Peter likes fish and vegetables. Peter drinks lots of water and fresh juice. He exercises every morning. He does judo on Tuesdays and Thursdays.**Key:* *1. a 2. b 3. c 4. b* **Activity 2.** **Let’s write*****\*Aims:*** *Ss will be able to write a paragraph of about 40 words about healthy habits.***\*Procedure:**- Tell the class the goal of the activity and explain that they should read and complete the table before writing a paragraph about their healthy habits. - Have ss read the first row and elicit some activities they usually do to stay healthy and the frequency of these activities. Have them read the healthy habit in the second row and complete the first gap with their own answers. - Give s time to complete the table independently. - Have ss use the information in the table to write about their healthy habits. - Have some ss read their paragraphs aloud. Give feedback where necessary. *Key: Pupil’s answer* *Ex* *I have some healthy habits. I eat vegetables every day. My favourite vegetables are carrots and tomatoes. I like drinking fresh juice. I drink orange juice twice a week. I play basketball three times a week. I want to stay healthy.***Activity 3. Project.*****\*Aims:*** *Ss will be able to* *make a healthy habit circle and present their healthy lifestyle to the class***\*Procedure:**- Tell ss about the goal of the activity and explain that they have prepared a healthy habit circle. In the healthy habit circle, there is information about what they eat, drink and do to stay healthy. Ask them to show their healthy habit circle and share it to their friends.- Have ss work in groups to practise their presentation. - Invite a few ss to show their healthy habit circle and give presentations in front of the class. Praise good performances. *Suggested presentation:* *This is my healthy habit circle. I eat fruit every day. I like apples, grapes and mangoes. I drink lots of water and fresh juice. I like coconut water and apple juice. I do morning exercise with my parents every day. I play badminton with my sister three times a week. I want to stay healthy.***Game:**  **Lucky balloons**- Tell ss they are going to look at the picture, then ask and answer the question about staying healthy or the frequency of an activity.- Divide the class into two groups.- Have two ss from each group choose a balloon in turn.- Have them look at the pictures and ask and answer the questions suitable with the pictures. - If they ask and answer correctly, they get corresponding points for their group.- Continue playing the game with the other ss.- The group that gets more points wins. Praise the winner. | - Ss listen - Ss listen to the rules-Ss play game- Ss open their books- S pay attention to the text and read it as a class.- Ss follow the teacher’s instruction with sentence 1. +Ss choose the correct option- Ss do the task- Ss swap books and check the answers - Ss look at the board and check their answers again. + Ss read the words / sentences in the reading text - Ss say about Peter’s healthy lifestyle - Ss listen to the teacher’s explanation. - Ss read and elicit some activities - Ss complete the table independently. - Ss use the information in the table to write about their healthy habits.- Some ss read their paragraphs aloud. - Ss listen to the teacher’s explanation. - Ss work in groups to practise their presentation.- Ss show their healthy habit circle and give presentations in front of the class. -Ss listen to the teacher- Ss play the game*Ex:**A: How does he stay healthy?**B: He eats vegetables.*-Ss praise the winner |

**D. ADJUSTMENTS (if necessary):**

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