***Week 23 Preparing date: 17/2/2025***

 ***Period 91 Teaching date: 19/2/2025***

**Unit 14: Staying healthy**

**Lesson 1 (1, 2, 3)**

**A. OBJECTIVES:**

By the end of the lesson, Ss will be able to:

**1. Knowledge:**

- understand and correctly repeat the sentences in two communicative contexts in which characters ask and answer questions about a family member’s lifestyle

- correctly say the phrases and use *How does he / she stay healthy? - He / She \_\_\_\_\_.* to ask and answer questions about someone’s lifestyle.

- use *How does your \_\_\_\_\_ stay healthy? – He / She \_\_\_\_\_*. in a freer context.

- ***Vocabulary:*** do morning exercise, play sports, drink fresh juice, eat healthy food

- ***Structures***: *A: How does he / she stay healthy?*

 *B: He/ she does morning exercise every day.*

- ***Skills***: speaking and listening

**2. Competences:**

- Critical thinking and creativity: learn how to ask and answer questions about a family member’s lifestyle correctly and fluently.

- Critical thinking and creativity: learn how to ask and answer questions about personal information correctly and fluently.

- Self-control and independent learning: perform pronunciation and speaking tasks.

**3. Attitude/ Qualities:**

- Raise their knowledge of using healthy food and drinks.

- Show their awareness of doing morning exercise regularly.

**B. TEACHING AIDS:**

- *Teacher:* Teacher’s guide Pages 222, 223, 224, 225 audio Tracks 31, 32, website hoclieu.vn, posters, laptop, pictures, textbook, lesson plan, TV or projector.

- *Students:* Students’ book Page 24, notebooks, workbooks, school things.

**C. PROCEDURES:**

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| **Stages/****Time** | **Teacher’s activities** | **Students’ activities** |
| **1.Warm- up and review: (3’)****2. Presentation (15’)****3.Practice: (7’)****4. Production: (6’)****5. Fun corner and wrap- up (4’)** | *Sing a song:* ***Yes yes stay healthy****\*****Aims:*** *to create a friendly and active atmosphere in the class to beginning the lesson.***\*Procedure:**- Show the song on the screen.<https://www.youtube.com/watch?v=WZJAIkmT3Rg&t=10s>- Ask Ss to listen, sing and dance the song- Say “Open your book page 24” and look at “*Unit 14, Lesson 1 (1,2,3)”.***Activity 1. Vocabulary.*****\*Aims:*** *Ss will be able**to know the vocabulary in the new lesson.* **\*Procedure:**-T elicits the new words*+*  *do morning exercise: tập thể dục buổi sáng (situation)**+*  *play sports: chơi thể thao*  *(picture)**+*  *drink fresh juice: uống nước ép trái cây tươi (picture)* *+*  *eat healthy food: ăn thức ăn có lợi cho sức khỏe (translation)**+* *stay healthy: giữ gìn sức khỏe*  *(situation)**+ regularly: thường xuyên* *(translation)*- T models *(3 times).*  - T writes the words on the board.- *Checking: Rub out and remember***Activity 2. Look, listen and repeat:*****\*Aims:*** *Ss will be able**to* *understand and correctly repeat the sentences in two communicative contexts in which characters ask and answer questions about a family member’s lifestyle.***\*Procedure:**- Have Ss look at *Pictures a and b* and identify the characters and say what they can see in the pictures. *+ Who are they?**+ Where are they?**+ What are they talking about?*- Play the audio twice (sentence by sentence). Correct their pronunciation where necessary.- Have Ss to practice the dialogue- T invites a few pairs to the front of the class to practice.- T checks pronunciation for ss.**Activity 3**  **Listen, point and say.*****\*Aims:*** *Ss will be able**to* *correctly say the phrases and use How does he / she stay healthy? - He / She \_\_\_. to ask and answer questions about someone’s lifestyle.***\*Procedure:****\* *Structures:***- T asks Ss look at *picture b* in activity 1 and helps Ss know the structure from the dialogue.- T introduces new structures for Ss.- T explains, models and gives meaning.- Have Ss repeat the model sentences.*A: How does he / she stay healthy?*  *B: He/ she does morning exercise every day.****\*Drill pictures***- Have Ss look at the pictures and say what they can see in the pictures.- Explain that in the answer we change in verb form *+ do – does + play – plays**+ drink – drinks + eat - eats*- Have Ss point at pictures, listen and run through all the pictures.- Have Ss point at the bubbles, listen and run through model sentences.- Have Ss to practise:+ T asks the first picture, Ss answer+ Ss asks the second picture, T answers+ Group A asks the third picture, group B answers+ Group B asks the last picture, group A- Ask Ss to work in pairs to practise asking and answering the question *How does he / she stay healthy? - He / She \_\_\_.*- T controls and corrects.- Invite a few pairs to point at the pictures and say the questions and answers in front of the class.**Activity 4. Let’s talk.*****\*Aims:*** *Ss will be able to* *use How does your \_\_\_\_ stay healthy? - He / She \_\_\_\_. in a freer context* **\*Procedure:**- Draw Ss’ attention to the picture - Point at the ﬁrst picture and elicit the question in the ﬁrst speech bubble *How does your \_\_\_\_ stay healthy? Ex: sister, brother* and the answer in the second speech *he/ she \_\_\_* as an example. - Give Ss time to work in pairs and take turns pointing at each picture to ask and answer using bubble *How does your \_\_\_\_ stay healthy? He/ she\_\_\_.* - Invite a few pairs to come to the front of the classroom and act out the exchanges.Game: **Musical cards**- Stick the cards on the board. Ask ss to say the words related to the cards.- Hand out the cards to different ss around the class. - Play the song and ask ss to pass the cards to the ss next to them while the music is playing.- Stop the music suddenly. Invite a student to ask the question “*How does she stay healthy?”*. Ask a student who is holding the card to answer the question, *ex: She drink fresh juice.*- Play the music again and repeat the activity.- Ask ss to check their friends’ pronunciation. | - Sing and dance the song together.- Ss listen and open their books-Ss listen and answer- - Ss listen and repeat + Choral repetition *(3 times).* + Individual repetition *(3 ss)*- Ss take note- Ss look, remember and write-Look at the pictures and say.+ In picture a: Nam: *I want to stay healthy, Lucy. I eat vegetables and drink a lot of water. Is that your brother over there?*Lucy: *Yes, that’s my brother, Tom. He also wants to stay healthy.*+ In picture b:Nam: *How does he stay healthy?* Lucy: *He does morning exercise every day.* Nam: *Nam: Yeah, me too.*-Ss listen and repeat in chorus *(twice)*-Ss work in pairs to practice-Ss come to the front of the classroom to practice.-Ss listen- Ss look at the picture and answer.-Ss listen-Ss listen and repeat-Ss repeat to the structures- Ss look, listen and repeat*+Picture a: a woman doing morning exercise**+ Picture b:* *a man playing sports* *+ Picture c:*  *a woman holding a glass of fresh juice* *+ Picture d:*  *a boy with a bowl of healthy food*-Ss listen to the teacher’s instructions-Ss point at pictures, listen and repeat-Ss point at the bubbles, listen and repeat-Ss practice in chorus-Ss practice in chorus-Ss work in pairs to practise asking and answering the question- Pairs of Ss point at the pictures and say in front of the class-Ss look at the picture and say*+*  *activities people do to stay healthy and healthy food and* *Drinks*- Ss look at the first picture and elicit the missing words in speech bubbles and say the completed sentences.- Ss role-play to practise asking and answering questions - Ss practise asking and answering questions in front of the class.- Ss listen-Ss listen and play the game-Ss continue playing the game |