***Week 23 Preparing date: 17/2/2025***

***Period 92 Teaching date: 19/2/2025***

**Unit 14: Staying healthy**

**Lesson 1 (4, 5, 6)**

**A. OBJECTIVES:**

By the end of the lesson, Ss will be able to:

**1. Knowledge:**

- listen to and understand four communicative contexts in which speakers ask and answer questions about a family member’s lifestyle and match the characters with the activities they do to stay healthy

- complete four gapped exchanges with the help of picture cues

- listen to and complete the song Staying healthy and sing it with the correct pronunciation, rhythm and melody.

- ***Vocabulary:*** Review

- ***Skills***: speaking, listening, reading and writing.

**2. Competences:**

- Communication and collaboration: work in pairs and groups to complete the learning tasks.

- Self-control and independent learning: perform listening and reading tasks.

**3. Attitude/ Qualities:**

- Raise their knowledge of using healthy food and drink.

- Show their awareness of doing morning exercise regularly.

**B. TEACHING AIDS:**

- *Teacher:* Teacher’s guide Pages 225, 226, 227; audio Tracks 33, 34; website hoclieu.vn, posters, laptop, pictures, textbook, lesson plan, TV or projector.

- *Students:* Student’s book Page 25, notebooks, workbooks, school things.

**C. PROCEDURES:**

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| **Stages/**  **Time** | **Teacher’s activities** | **Students’ activities** |
| **1.Warm- up and review: (5’)**  **2.Practice: (25’)**  **3. Fun corner and wrap- up (5’)** | *Game:*  ***Lucky fruits***  *\*****Aims:*** *to* *revise the learned sentence structures.*  **\*Procedure:**  - Tell ss they are going to look at the pictures and ask and answer the questions about how someone stays healthy.  - Divide the class into two groups.  - Have two ss from each group take turns to choose a fruit and ask and answer the question.  - If the group chooses a lucky fruit, they will get points and continue the next turn.  - Continue the game with the other pupils.  - The group that gets the most points wins. Praise the winner.  - Say “Open your book page 25” and look at *“Unit 14, Lesson 1 (4,5,6)”.*  **Activity 1. Listen and match:**  ***\*Aims:*** *Ss will be able**to* *listen to and understand four communicative contexts in which speakers ask and answer questions about a family member’s lifestyle and match the characters with the activities they do to stay healthy.*  **\*Procedure:**  - Elicit and ask questions to elicit the characters and the activities in the pictures.  + *What can you see in this picture?*  *+* *Where are they?*  *+* *What do they do?*    - T ask Ss to guess the answers.  + T writes Ss’guessing on the board.  - Listen to the tape:  + Play the recording  + Play the recording again for ss to do the task.  + Play the recording a third time for pupils to check their answers.  - Get Ss to swap books with their partner, then check answers as a class.  + Write the answers on the board for Ss to correct their answers. Then checks Ss’ guessing.  - If time allows, play the recording, sentence by sentence, for Ss to listen and repeat individually and in chorus *Key: 1. b 2. c 3. b 4. d*  **Activity 2.** **Read and complete.**  ***\*Aims:*** *Ss will be able**to* *complete four gapped exchanges with the help of picture cues.*  **\*Procedure:**  - Have Ss read the question and answer, and guess the missing word    - Have Ss look at the four incomplete exchanges and elicits the missing words in the sentences.  - T models with sentence 1  + Have Ss look at the picture and identify the needed information *(juice).*  - Have Ss work in groups and complete the exchanges 2, 3 and 4.  - Get Ss to swap books with a partner and check their answers before checking as a class.  - Invite four pairs of Ss to act out the four completed exchanges in front of the class  *Key:*  *1. juice*  *2. morning exercise*  *3. plays sports; volleyball*  *4. How does; food*  **Activity 3. Listen, complete and sing.**  ***\*Aims:*** *Ss will be able to* *listen to and complete the song Staying healthy and to sing it with the correct pronunciation, rhythm and melody.*  **\*Procedure:**  - Introduce the title and lyrics of the song: “*Staying healthy”*    - Tell ss the aim of the activity  - Draw ss’ attention to the gapped sentences and guess the missing words and complete the sentences.  - Play the recording all the way through for ss to listen to the whole song.  - Play the recording again for them to fill in the gaps with the missing words.  - Check answers together as a class.  - Play the recording line by line for ss to listen and repeat.  - Invite a few groups to the front of the class to sing the song.  *Key: 1. morning exercise*  *2. sports 3. fruit*  **Game:**  **Pass the ball**  - T gives Ss a ball.  - T asks Ss to listen to music and transfer a ball around the class.  - When the music stops, Ss who keep a ball have to answer the question using: *How does he/ she stay healthy? and he/ she………..*  - T gives feedback. | - Ss listen  - Ss play the game  - Ask and answer the question  *Ex:*  *A: How does your sister stay healthy?*  *B: She drink fresh juice*  - Continue playing the game.  - Ss open their books  -Look at the pictures and say:  *a. a mother*  *b. a father*  *c. a sister*  *d. a brother*  *1. sports*  *2. fresh juice*  *3. morning exercise*  *4. healthy food*  -Ss guess the answers  - Ss listen to the tape  - Ss listen again and do the task.  - Ss listen and check their answers  - Ss swap books with their partner, then check answers as a class  - Ss check the guessing  -Ss listen and repeat  -Ss look at the picture and read and guess  -Ss look and follow the teacher demonstrating the exchange 1.  -Ss answer: *(She drinks fresh juice every day.*  -Ss complete the sentences  -Ss swap books and check their answers before checking as a class.  -Ss read the completed exchanges aloud.  - Ss listen  -Ss listen to the song  - Ss look at the gapped sentences and guess and complete the sentences.  - Ss listen to the song  - Ss listen and fill in the gaps with missing words.  - Ss check answers together  - Ss listen to the recording, line by line, and repeat.  - Ss come to the front of the class to sing the song.  -Ss listen  -Ss play a game  - Ss continue playing the game.  -Ss praise the winner |