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| ***Date of planning***:………  ***Date of teaching*:** ……  **WEEK: ….** | **Period 21: UNIT 3: HEALTHY LIVING FOR TEENS**  **Lesson 5: SKILLS 2/ Listening and writing** |

**I. OBJECTIVES: \* By the end of this lesson, Ss will be able to gain the following items:**

**1. Knowledge:**

- Listen for specific information about how some students manage their time;

- Write a paragraph about how to manage time effectively.

***+ Integrated skills:*** *Listening, speaking, reading, writing.*

**\* Vocabulary:**

- Use words related to students’ life and school work.   
+ Ask for repetition and respond;

**\* Grammar:**

- Use modal verbs in the first conditional sentences.

**2. Competence:**

- Develop communication skills and and creativity;

- Be co-operative and supportive in pair work and teamwork.

**3. Personal qualities:**

- Be aware of way to manage time more effectively;

- Actively join in class activities.

- Develop self-study skills.

**II. TEACHING AIDS:**

- Teacher: Grade 9 text book ; Projector / TV.....

- Students : Text books, workbook…

- Computer connected to the Internet.

- *Hoclieu.vn*

**III. PROCEDURE:**

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| **1. WARM UP & INTRODUCTION ( 3’- 5’)** | |
| **\* Objectives:**  **- To create an active atmosphere in the class before the lesson;**  **- To lead into the new lesson.**  *\* Content:* **Game:** UNSCRAMBLED WORDS  - To have some warm-up activities to create a friendly and relaxed atmosphere to inspire Ss to warm up to the subject and new lesson.  *\* Expected outcomes*: Having a chance to speak English.  *\* Organisation :* Teacher’s instructions … | |
| **Teacher’s & Student’s activities** | **Content** |
| **+ Greeting**  *- T may introduce some warm-up activities to create a friendly and relaxed atmosphere to inspire Ss to warm up to the subject and new class…*  *- T encourages Ss to talk in English as much as possible*  \* - T divides the class into 2 teams.  - T asks Ss to unscramble words using given hints.  - The group having more correct answers is the winner. | **+ Greeting**  **- T\_Ss.**  **\* *Answer key:***  1. schoolwork  2. routine  3. calendar  4. submit  5. deadline  6. minimize  **-** Open the book and write the tittle of the lesson. |
| **ACTIVITY1. PRESENTATION/ NEW LESSON ( 12’- 15’)** | |
| **A. LISTENING**  **\* Pre-listening**  **\* Objectives:**  **+ To help Ss understand and activate their knowledge of the topic.**  **+ To help Ss develop their skill of listening for specific information.**  **+ To help Ss develop their skill of listening for specific information.**  *\* Content:*  Task 1: Work in pairs. Discuss the following question.  Task 2: You will hear Trang, Phong, and Tom talking about how to manage their time effectively. For each student (1 – 3), choose the opinion (A – C) each of them expresses.  Task 3: Listen again and choose the correct answer A, B, or C.  *\* Expected outcomes*: Ss can listen for specific information to do the learning tasks.  *\* Organisation* **:** Teacher’s instructions. | |
| **Teacher’s & Student’s activities** | **Content** |
| TASK 1: **Work in pairs. Discuss the following question.** | |
| **\* Vocabulary:**  + Teacher uses different techniques to teach vocab (situation, realia, translation.) **if have**  + Ask Ss to work in pairs to discuss the question about how they make time for study and other activities.  - Ask some Ss to share their answers in front of the class. If necessary, T may ask them some other questions about the reasons for their answers. | **- T\_Ss**  ***Question:***  *How do you make time for study and other activities?*  + Students’ answers   |  | | --- | |  | |
| **B. WHILE LISTENING ( 15’)** | |
| **Teacher’s & Student’s activities** | **Content** |
| TASK 2: **You will hear Trang, Phong, and Tom talking about how to manage their time effectively. For each student (1 – 3), choose the opinion (A – C) each of them expresses.** | |
| + Have Ss read the opinions quickly and underline the keywords. This helps them have some idea of what they are going to listen to and the information they need for answering the question.  - Play the recording twice for Ss to do the exercise. For stronger classes, ask Ss to take notes of the information to explain their answers.  - Have Ss share their answers in pairs.  - Invite some pairs to answer and confirm the correct ones.  - Play the recording again if needed, stopping at places where Ss are having difficulties. | **- T\_Ss**  **- Work individually.**  **\* *Answer key:***  Trang: B, Phong: A, Tom: C |
| TASK 3: **Listen again and choose the correct answer A, B, or C.** | |
| - Have Ss read the incomplete sentences and determine what information they need for filling the blanks.  - Play the recording once or twice more for Ss to do the exercise.  - For stronger classes, ask Ss to take notes of the information to explain their answers.  - Have Ss share their answers in pairs.  - Invite some pairs to answer and confirm the correct ones.  - Play the recording again if needed, stopping at the places where Ss are having difficulties. | **- T\_ Ss**  ***\* Answer key:***  **1.** C  **2**. A  **3**. A  **4**. A  **5**. B |
| **Transition from Listening to Writing**  + Have Ss take a few minutes to reflect individually on their current time management habits. Ask them to think about their daily routines, how they give priority to their tasks, and any challenges they face in managing their time.  - Divide the class into small groups of 3 - 4 Ss each. In these groups, ask Ss to share their reflections and discuss any common challenges they have identified.  - Encourage them to exchange ideas and strategies for overcoming these challenges.  - Bring the class back together and facilitate a brainstorming session.  - Ask each group to share one or two effective time management strategies they have discussed.  - List these strategies on the board so that all Ss can see them. | |
| **ACTIVITY 2: WRITING**  **\* Objectives:**  **+ To help Ss prepare ideas for their writing.**  **+ To help Ss practise writing a paragraph about how to manage their time effectively, using the tips in 4 or their own ideas.**  *\* Content:*  Task 4: Match the time management tips in column a with the explanations and / or  reasons in column B.  Task 5: Write a paragraph (about 100 words) about how to manage your time effectively. Use the tips in **4** or your own ideas.  *\* Expected outcomes*: **-** Students can use learned vocabulary and grammar to write a paragraph about how to manage time effectively.  *\* Organisation :* | |
| **Teacher’s & Student’s activities** | **Content** |
| TASK 4: **Match the time management tips in column a with the explanations and / or**  **reasons in column B.** | |
| + Ask Ss to discuss and match the time management tips with the explanations and / or reasons.  - Have Ss share their answers in pairs.  - Invite some pairs to answer and confirm the correct ones. | **- T\_ Ss.**  **+ Key:**  **1**. c **2**. a **3**. b |
| TASK 5 : **Write a paragraph (about 100 words) about how to manage your time effectively. Use the tips in 4 or your own ideas.** | |
| - Set up the writing activity:T reminds Ss that the most important thing is always to plan what they are going to write about. Ss can use the ideas in 4.  - Ask Ss to brainstorm the ideas and needed language for the writing.  - T may ask Ss to refer back to the reading for useful language and ideas and write some useful expressions and language on the board.  - Ask Ss to write the first draft individually.  - T may display all or some of the Ss' writings on the wall / bulletin board.  - T and other Ss comment. Ss edit and revise their writing as homework. If time is limited, T may ask Ss to write the final version at home.  + | *\* Suggested answer:*  *There are many things we should do to manage our time effectively. Firstly, we should set specific goals and prioritise them according to their importance level. This will help us keep focused on our most important tasks and avoid wasting time on tasks that do not contribute to our goals. Secondly, creating a schedule or to-do list can help us manage our time efficiently by breaking down our day into manageable chunks. We should also be realistic about how long each task will take and build in extra time for unexpected interruptions or delays. Thirdly, it is essential to eliminate distractions and time-wasting activities, such as social media or unnecessary meetings, which can reduce our productivity. By following these tips, we can effectively manage our time and achieve success in all aspects of our life.* |
| **4. WRAP-UP & HOME WORK (2’)**  - Ask ss to summarise what they have learnt in the lesson.  - Have ss look at the objectives written on the board at the beginning of the lesson and tick the objectives they have learnt.  \* HOME WORK:  - Do more exercises in workbook.  - Prepare new lesson: Lesson 7 : LOOKING BACK.  ========================================================== | |