Date of preparation: 04/10/2024

Date of teaching: 07/10/2024-7DB

12/10/2024 -7CA

**Week 6**

**Peroid 14**

**UNIT 2:**

**HEALTHY LIVING**

**Lesson 6 :Skills 2**

**I. OBJECTIVES:** By the end of this lesson, students will be able to gain the following things

**1. Knowledge:**

- To develop listening and writing skills.

- Use the lexical items related to the topic *Healthy living.*

- Listen for specific information about some advice about healthy habits.

+ Write some advice to avoid viruses.

**+ Vocabulary:**

**+ Grammar:** Simple sentences.

**+ Pronunciation:** the sounds **/f/** and **/v/** in isolation and in context.

**2. Competence:**

**a) General competencies:**

Students will be able to practice reading and speaking skills. Identify and talk about the daily activities and decide if they are good or bad for health; Develop communication skills and creativity. Be supportive in pair work and team work; Actively join in class activities.

**b) Specific competencies:**

- Group work and independent working, pair work, linguistic competence, cooperative learning and communicative competence.

- Ability of using Present Simple Tense, some popular verbs of liking.

- Sts can introduce themselves or one another fluently.

**3. Qualities:** The loveof living things; The awareness about importance of healthy living; Be ready to talk about Healthy living; Be benevolent and responsible.

**II. PREPARATIONS**

**Teacher:** Grade 7 text book, laptop, TV, pictures and realia, Computer connected to the Internet. Sach mem.vn

**Students:** Text books, pencils, pics, blank papers, realia,….

**III. PROCEDURE:**

**In each activity, each step will be represented as following:**

\* Task delivering

\*\* Task performance

\*\*\* Report and discussion

\*\*\*\* Judgement

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| **Activity 1. WARM UP (5’-IW, GW)**  **\* Aims:**  - To activate students’ prior knowledge and vocabulary related to the lesson  - To lead into the new lesson.  **\* Content:** Review the previous lesson or have somewarm-up activities to create a friendly and relaxed atmosphere to inspire Ss to warm up to the new lesson.  **\* Product:** Having a ch  ance to speak English and focus on the topic of the lesson..  **\* Implementation:**Teacher’s instructions… | |
| **Teacher’s & Student’s activities** | **Content** |
| **CHATTING:**  \* Teacher writes on the board the word “Healthy habits” and asks Ss some questions:  + What does this word mean?  + What do we do to have “healthy habits”?  + Can you name some “healthy habits?”  \*\* Ss think of these questions and discuss with their partners if needed.  \*\*\* Teacher calls some students to give their answers.  \*\*\*\* Teacher listens and give comments.  - Teacher introduces students the content of the lesson: “In the lesson today, we are going to listen to the professor talking about healthy habits”. | **+ Greeting**  + Chatting  + T\_ Ss |
| **Activity 2. KNOWLEDGE FORMATION (10'- PW, IW)**  **Pre-listening**  **\* Aim:** To help Ss brainstorm the topic and prepare for the listening text.  **\* Content:** Discussing.  **\* Product:**Ss can get some information about the habits are good for your health.  **\* Implementation:** | |
| **Teacher’s & Student’s activities** | **Content** |
| **1. Work in pairs. Discuss and tick (**✓**) the habits you think are good for your health**  \* Teacher asks Ss to work in pairs to discuss if these sentences are good or bad for their health.  \*\* Ss work with their partner to do the task.  \*\*\* Teacher calls on some Ss to answer.  \*\*\*\* Teacher gives comments and leads Ss to task 2. | **1. Work in pairs. Discuss and tick (**✓**) the habits you think are good for your health** (Ex 1, P24)    \* **Suggested answers:** Good for health: 2, 3 |
| **Activity 3. PRACTICE (18’-IW, PW, GW)** **While-listening**  **\* Aim:** To help Ss develop their skill of listening for specific information; To help Ss further develop their skill of listening for specific information.  **\* Content:** Listen and tick (✓) the habits**;**  **\* Product:**To get specific information about correctly.  **\* Implementation:** | |
| **Teacher’s & Student’s activities** | **Content** |
| **2. Listen and tick (**✓**) the habits mentioned**  \* Teacher has students guess if these habits are mentioned in the listening text. If they say yes for a habit, put a tick next to the word. Then, teacher plays the recording once for students to check their guesses.  \*\* Ss work independently to guess then listen to the recording once to check their guess.  \*\*\* Teacher calls on some students to give the answers the have listened.  \*\*\*\* Teacher plays the recording again and confirms the correct answers for their prediction. | **2. Listen and tick (**✓**) the habits mentioned** (Ex 2, P24)  ***Answer key:***  Habits mentioned in the listening text: 1, 3, 4, 6 |
| **3. Listen again and give short answers to the questions**  \* Teacher has Ss read the questions and determine what information they need for answering the questions. Remind them answer the questions with no more than THREE words. Then, teacher plays the recording once or twice more for Ss to do the exercise.  \*\* Ss work independently to listen again and determine what information they need. After that, Ss can share their answers in pairs.  \*\*\* Teacher calls on some pairs to give answers.  \*\*\*\* Teacher confirms the correct ones and plays the recording again if needed, stopping at the places where students are having difficulties. | **3. Listen again and give short answers to the questions** (Ex 3, P25)  ***Suggested answers:***  1. disease 2. (a lot of) vitamins  3. 8/eight hours/hrs 4. tidy and clean  5. When the weather is fine. / On fine days. |
| **Activity 4. APPLICATION (12’-IW, PW, GW) Writing**  **\* Aim:** To help Ss make simple notes of what they have listened to; To help Ss prepare ideas to write a passage; To help Ss practise writing a passage to give advice on how to avoid viruses.  **\* Content:** Write a paragraph of about 70 words about Ss’s hobbies.  **\* Product:** Using information, Ss can write a passage of about 70 words to give advice on how to avoid viruses; to peer check, cross check and final check students’ writing.  **\* Implementation:** | |
| **Teacher’s & Student’s activities** | **Content** |
| **4. Work in groups. Discuss and make notes of the tips from the listening. Then share them with the class.**  \* Teacher tells Ss to work in groups to discuss and make notes of the tips and write in full sentences.  e.g. Don’t eat too much meat and cheese.  \*\* Ss work in groups. Teacher moves around and offers help if needed.  \*\*\* Teacher invites some Ss to share their answers.  \*\*\*\* Teacher confirms the correct answers. | **4. Work in groups. Discuss and make notes of the tips from the listening. Then share them with the class.**  (Ex 4, P25)  e.g. Don’t eat too much meat and cheese. |
| **5. Write a passage of about 70 words to give advice on how to avoid viruses.** (Ex 5, P25)  **\*** Teacher writes on the board “Covid-19” and asks Ss to give ideas on what they have known about it and asks them to look at the pictures and explains if needed  **\*\*** Ss think of it and can discuss with their partners.  **\*\*\*** Teacher calls on some Ss to raise their ideas.  **\*\*\*\*** Teacher listens and confirms.  **\* Home assignment**  - T assigns the homework.  - Ss copy their homework.  - T explains it carefully | **5. Write a passage of about 70 words to give advice on how to avoid viruses**  (Ex 5, P25)    **\* Sample answer:**  *We can do a lot of things to avoid viruses. First, always keep your surroundings clean. Sweep your house, clean your furniture, and change your pillow covers and bed sheets often. Remember to take a bath daily. Wash your hands with soap regularly. Drink a lot of water and eat more fruit and vegetables. Exercise three times a day for at least 15 minutes each time. When you go out wear a mask and avoid crowds.*  **\* Home assignment**  - Finish writing . Copy in the note books.  - Do more exercises in workbook.  - Prepare new lesson. LOOKING BACK |

**V. FEEDBACK:**

With 7A ……………………………………………………………………………..…

With 7B …………………………...……………………………………..……………

With 7C ………………………………………………………………………….……

**Dành cho địa những địa phương có phần 5**

**5. WRAP-UP & HOME WORK (2’)**

- Ask Ss to summarise what they have learnt in the lesson. Have Ss look at the objectives written on the board at the beginning of the lesson and tick the objectives they can do.

Encourage Ss not to refer back to the unit. Ask them to keep a record of their answers to each exercise so that they can use that information to complete the self-assessment table at the end of the unit.

**\* HOME WORK.**

- Finish writing . Copy in the note books.

- Do more exercises in workbook.

- Prepare new lesson. LOOKING BACK