Date of preparation: 24/09/2024

Date of teaching: 28/09/2024-7DB

30/09/2024-7AC

**Week 4,5**

**Peroid 10**

**UNIT 2:**

**HEALTHY LIVING**

**Lesson 2: A closer look 1**

**I. OBJECTIVES:** By the end of this unit, students will be able to gain the following things:

**1. Knowledge:**

- To teach some new words .

+ use the lexical items related to the topic *Healthy living.*

+ use the words about healthy activities and health problems

**- Pronunciation:** pronounce and recognize the sounds **/f/** and **/v/** in isolation and in context

**+ Vocabulary:** Use the words about healthy activities and health problems; Pronouncing the sounds **/f/** and **/v/** correctly;

**+ Grammar:** - Recognise and write simple sentences;

**2. Competence:**

**a) General competencies:**

Students will be able to know more words and phrases about healthy activities and health problems; Develop communication skills and creativity; Actively join in class activities.

**b) Specific competencies:**

- Group work and independent working, pair work, linguistic competence, cooperative learning and communicative competence.

- Ability of using Present Simple Tense, some popular verbs of liking.

- Sts can introduce themselves or one another fluently.

**3. Qualities:** The loveof living things; The awareness about importance of healthy living; Be ready to talk about Healthy living; Know some daily activities whether good or bad for health.

**II. PREPARATIONS**

**Teacher:** Grade 7 text book, laptop, TV, pictures and realia, Computer connected to the Internet. Sach mem.vn

**Students:** Text books, pencils, pics, blank papers, realia,….

**III. PROCEDURE:**

**In each activity, each step will be represented as following:**

\* Task delivering

\*\* Task performance

\*\*\* Report and discussion

\*\*\*\* Judgement

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| **Activity 1. WARM UP (5’-IW, GW)**  **\* Aim:** To activate students’ prior knowledge and vocabulary related to the topic, the targeted vocabulary, and its pronunciation; To lead into the new lesson.  **\* Content:** Review the previous lesson.  **\* Product:**Having a chance to speak English and focus on the topic of the lesson..  **\* Implementation:**Teacher’s instructions… | |
| **Teacher’s & Student’s activities** | **Content** |
| **+ Greeting**  **+ Asking questions:**  **\*** Teacher divides class into 2 teams: Cats and Dogs.  - Teacher asks students to think of words or phrases related to “Healthy activities” which they have learnt in the previous lesson or words they may know already.  \*\* Ss have 3 minutes to think of the topic  \*\*\* Students in each team turn by turn stand up and say 1 word or phrase related to the topic.  \*\*\*\* In 90 seconds, the team has more right answers will be the winner, and the team repeat the word which is mentioned already or cannot give a word will be the loser. | ***Suggested answer:***  - Going cycling/ swimming  - Walking  - Boating  - Eating breakfast  - Doing yoga/ aerobics  - Playing sports |
| **Activity 2. KNOWLEDGE FORMATION (15'- PW, IW)**  **\* Aim:** To present some action verbs go with nouns to describe hobbies.  **\* Content:** Teach some new words, some action verbs go with nouns.  **\* Product:**Ss learn how to use them . Put them in the columns correctly.  **\* Implementation:** Teacher’s instructions… | |
| **Teacher’s & Student’s activities** | **Content** |
| **1. Match the phrases on the left with the correct pictures on the right.**  **\*Pre- teach vocabulary:**  \* Teacher introduces the vocabulary by:  + providing the synonym or antonym of the words  + providing the pictures of the words  - Teacher have students read the phrases aloud and correct their pronunciation if necessary.  - Teacher asks students for the Vietnamese meanings of these phrases.  + Follow the steps to teach vocabulary  - Repeat in chorus and individually  \*\* Ss say the words.  \*\*\* Other Ss correct if the previous answers are incorrect.  \*\*\*\* Teacher shows and says the words aloud and asks Ss to repeat them  Checking techniques:  “Rub out and remember”. | **\* Vocabulary**          1. dim light (n.phr.) ánh sáng lờ mờ  2. lip balm (n.phr.) son dưỡng môi  3. chapped lips (n.phr.) môi nứt nẻ  4. red spots (n.phr.) đốm đỏ  5. coloured vegetables (n.phr.)  rau có màu sắc |
| **Activity 3. PRACTICE (15’-IW, PW, GW)**  \* Aim: To help student use the words/ phrases in specific contexts; To help students talk about their daily activities and decide if each activity is healthy or unhealthy; To help students identify how to pronounce the final sounds /f/ and /v/ at the end of the words; To help students practise pronouncing these sounds in words; To help students pronounce the final sounds /f/ and /v/ correctly in context. To give students chance to apply what they have learnt  **\* Product:** Ss can learn how to use the words and phrases; Ss discuss and tick **(√)** each activity in the table correctly.  **\* Implementation:** | |
| **Teacher’s Student’s activities** | **Content** |
| **1. Match the phrases on the left with the correct pictures on the right.**  \* Teacher asks students to work independently to do matching.  \*\* Ss work individually.  \*\*\* Teacher has students to check their work with their partner.  \*\*\*\* Then, teacher call one student to do matching in front of the class and give correct answer.  **2. Complete the sentences with the correct words and phrases below.**  \* Teacher asks students to read the words and phrases provided aloud and give them their meaning if necessary.  \*\* Teacher asks Ss to work individually.  \*\*\* Then, teacher calls some students to check and asks them to explain their answers.  \*\*\*\* Teacher checks students ‘answers as a class. | **1. Match the phrases on the left with the correct pictures on the right.**  **\* Key:**  1. c 2. e 3. d 4. a 5.b  **2. Complete the sentences with the correct words and phrases below.**  1. coloured vegetables 2. Soft drinks 3. fit 4. skin condition 5. sunburn |
| **3. Wok in pairs. Discuss and tick (√) each activity in the table as (H) Healthy or U (Unhealthy).**  \* First, teacher asks students to read all the sentences in the table and find out any words are new to them.  - Then, teacher has students work in group of 4 - 6 to discuss whether each activity is healthy or unhealthy.  \*\* Ss work in groups.  \*\*\* Finally, teacher calls out some group to give and explain their answers as a class.  \*\*\*\* Teacher listens and correct their answers. | **3. Wok in pairs. Discuss and tick (√) each activity in the table as (H) Healthy or U (Unhealthy).**  **\* *Suggested answers***  - Healthy: 1,3,4 .  - Unhealthy: 2, 5. |
| **4. Listen and repeat. Pay attention to the sounds /ә/and /з:/**  \* Teacher writes on the board two words “***f***it” and “***v***egetables”.  - Then, teacher has students focus on the underlined letters “f” and “v”.  \*\* Ss practice saying the word individually.  \*\*\* Teacher calls some students to read aloud.  \*\*\*\* Teacher corrects if necessary.  \* Teacher has students read out the words first.  \*\* Ss practice saying the words independently  \*\*\* Teacher asks students to listen and try to repeat the words as a class, a group, and individually.  \*\*\*\* Teacher may play the recording as many times as necessary and correct their pronunciation | **4. Listen and repeat. Pay attention to the sounds /ә/and /з:/**  acti**v**ity **v**itamin a**v**oid **f**ood  acti**v**e break**f**ast a**ff**ect **f**it |
| **Activity 4. APPLICATION (7’-IW, PW, GW)**  **\* Aim:** To help Ss pronounce sounds /f/ and /v/ correctly in sentences.  **\* Content:** Pratice saying the words pay attention to the underlined parts; Home assigment.  **\* Product:**Ss learn how to pronounce the words , the underlined parts correctly; Take note Home assigment.  **\* Implementation:** Teacher’s instructions | |
| **5. Listen and repeat. Paying attention to the underlined words.**  \* Teacher has students read the sentences and tell them to pay attention to the underlined words with sounds /f/ and /v/.  \*\* Ss read and underline the words  \*\*\* Teacher plays the recording for students to listen and repeat each sentence.  \*\*\*\* Teacher corrects their pronunciation if necessary.  - Teacher calls on some students to read the sentences individually.  **\* Home assignment**  - T assigns the homework.  - Ss copy their homework.  - T explains it carefully | **5. Listen and repeat. Paying attention to the underlined words.**  1. Coloured vegetables are good food.  2. My favourite outdoor activity is cycling.  3. We need vitamin A for our eyes.  4. Being active helps keep you fit.  5. Jack never eats fish.  **\* Home assignment**  - Find 5 more words with the sound /f/ and 5 more words with the sound /v/. Write them down and practice pronouncing the words. |

**V. FEEDBACK:**

With 7A ……………………………………………………………………………..…

With 7B …………………………...……………………………………..……………

With 7C ………………………………………………………………………….……